



Cleanslate & RHWE
present

EXPLORE
START
GROW

Financial Wellbeing Workshops

Do you struggle managing your money ?

Looking to save for something special?

Is it difficult to plan from one week or month to the next?

Would you like to learn some valuable new skills to help manage your finances, then this course is for you and even better it's FREE!

15, 22, 29 September & 6 October

9.30am - 12.30pm

@John Buddle Work Village, Buddle Road, NE4 8AW

This short course covers:

Universal Credit,
ways to manage debt,
managing your credit cards,
how to choose the best energy deals,
how to manage your credit score,
strategies for cutting and re-examining your priorities
and loads more.

You cannot afford to miss out!

**Call on 0191 2267979 or email info@rhwe.org
to bag your FREE place**